

Figure 1S - Risk Of Bias In Nonrandomized Studies-of Interventions (ROBINS-I).

Study	Risk of bias domains							Overall
	D1	D2	D3	D4	D5	D6	D7	
Calvani et al (2011)	+	+	+	+	+	+	+	+
Clark et al (2014)	-	-	-	+	+	-	-	×
Deschildre et al (2015)	+	-	+	+	+	+	+	-
Gupta et al (2019)	+	+	+	+	+	+	+	+
Neuman-Sunshine (2011)	+	-	+	+	+	+	+	-
Worm (2018)	+	-	+	+	+	+	+	-
Blazowski (2021)	+	+	+	-	+	+	+	-
Pouessel et al (2022)	+	+	+	+	+	+	+	-

Domains:
D1: Bias due to confounding.
D2: Bias due to selection of participants.
D3: Bias in classification of interventions.
D4: Bias due to deviations from intended interventions.
D5: Bias due to missing data.
D6: Bias in measurement of outcomes.
D7: Bias in selection of the reported result.

Judgement
× Serious
- Moderate
+ Low