

Legend to Figure 2: Mean specific IgE levels to Lipid Transfer Protein (LTP) in patients who sensitized but tolerant to plant-derived foods or experiencing allergic reactions of varying severity, with or without exercise as a cofactor. Individuals with a history of Food-Dependent Exercise-Induced allergic reactions (FDEIAR) or Anaphylaxis (FDEIA) exhibit reduced IgE levels compared to those experiencing food anaphylaxis at rest.

