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# Biological and clinical significance of T helper 17 cell deficiency: insight into monogenic defects

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## KEY WORDS

*Th17 cells; STAT1; STAT3; DOCK8; AIRE; IL-17RA; chronic mucocutaneous candidiasis.*

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## Summary

*T helper 17 (Th17) are a CD4<sup>+</sup> T subpopulation cells which are involved in the host protection against microbes such as extracellular and intracellular bacteria, parasites, fungi, and viruses. Monogenic defects including those mutations in some genes such as the signal transducer and activator of transcription (STAT)1 and 3, dedicator of cytokinesis 8 (DOCK8), autoimmune regulator (AIRE), and interleukin 17 receptor A (IL-17RA) can lead to impairment in Th17 cell development and function along with the concomitant increased risk for chronic mucocutaneous candidiasis (CMC). The immunologic abnormalities in these patients include low frequency of Th17 cells; defective cutaneous or in vitro T cell response to *Candida* species, and/or autoantibodies against relevant cytokines. This review outlines the biological characteristics and functionality of Th17 cells, as well as the clinical features of individuals with genetic defects associated with Th17 deficiency.*

## Introduction

T helper (Th) cells that synthesize Interleukin-17 (IL-17) are derived from CD4<sup>+</sup> T cells subpopulation which are associated with protection of host against microbes including extracellular bacteria and quite a number of fungal agents (1). Disease progression in various autoimmunity and inflammatory disorders is due to direct involvement of Th17 cells which secrete the IL-17 family, cytokines including IL-17A and IL-17F, along with IL-22 and granulocyte-macrophage colony-stimulating factor (GM-CSF) (1). Cytokines like IL-17A and IL-17F often induce neutrophil production and local recruitment by controlling the expression of granulocyte-colony-stimulating factor (G-CSF) and tissue expression of CXCR2 ligands such as CXCL8 (IL-8), respectively (1). Neutrophils play a crucial role in the preven-

tion of invasive fungal infections such as those caused by *Candida* (2, 3). Notably, Th17 cells analysis in human subjects and various murine models studies have confirmed that Th17 cells also play a pivotal function in mucosal immunity (1, 4).

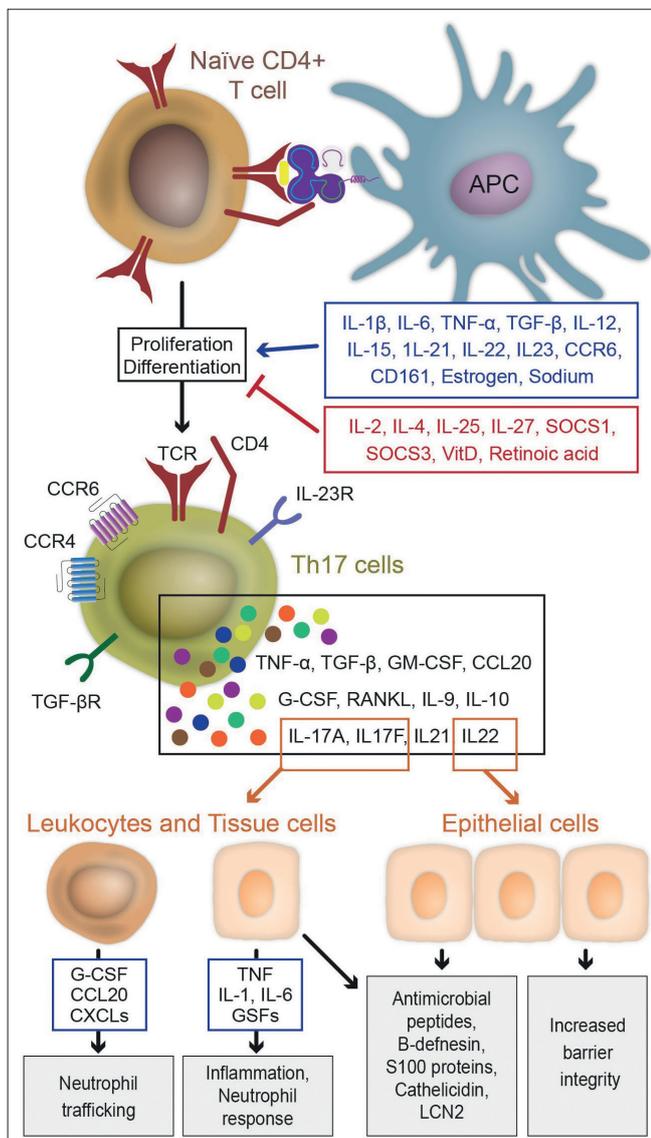
Investigation on individuals that are prone to chronic mucocutaneous candidiasis (CMC) with defects in Th17 development and functionality due to single nucleotide polymorphism or as segment of syndrome have elucidated the involvement of Th17 cells in the protection of human host (5, 6). The processes of Th17 cell differentiation and inborn errors of Th17 cell function in affected patients have drawn attention in recent time (7). For instance, it has been reported that mutation in some genes such as *DOCK8*, *STAT3*, *STAT1*, *AIRE*, *IL-17RA*, *IL-17F* led to impairment of Th17 development and function in humans (8).

In this review, we summarized the biological characteristics and functions of Th17 cells as well as the clinical features of patients with genetic deficiencies associated with Th17 deficiency.

### Biological characteristics and functions of Th17 cells

Th17 cells are described as producers of TNF- $\alpha$  and IL17, which represents a group of cytokines that are made up of IL17A-E, IL6, 21, 22, and 23 (9). Investigators revealed Th17 cells as one of the T-helper cells progeny having a distinctive host defense function against different extracellular infectious agents via effectors mediation of its secreted cytokines (**figure 1**). However,

**Figure 1** - The biological functions of effector Th17 cells in human.



Th17 cells have been shown to be related with autoimmunity, carcinogenesis and certain chronic inflammatory diseases (10). Th17 cells and their associated cytokine IL-17 are responsible for various diseases such as psoriasis, asthma, tuberculosis and CMCC among many, but their precise roles in the pathogenesis of such diseases is not clearly understood. It was understood that IL-17 are associated with host defense against chronic inflammation, which also causes tissue damage or autoimmunity the activation of IL-17 signaling is via the IL-17 receptor binding by the IL-17 molecule, which in turn induces pro-inflammatory cytokines, neutrophil chemokines and antimicrobial peptides that are essential for antifungal activities (2). Since IL17 establishes a link between innate and adaptive immunity during the course of disease, it may have both physiological and pathological roles on host immune system. Evidence supports the notion that the dysregulated synthesis of IL17 and 21 by Th17 cells may contribute to the immunopathogenesis of autoimmune disorders (9).

### Intracellular Bacteria

It has been studied that Th17 plays role in the immunogenicity of *Mycobacterium tuberculosis* but the precise role of its associated cytokine IL-17 in the infections is not clearly understood (11). In the early immune response to *M. tuberculosis* infection, Th17 cells stimulate recruitment of neutrophils, macrophages, and Th1 cells into the zone of inflammation while regulating the infection process as well (11). Th17 is also critical in the regulation of Th1 responses to *M. tuberculosis* infection as well (11). Nonetheless, insufficient Th17 cytokines appears unessential for protection against mycobacteria, and also in the lung, IL-17-producing cells were identified before the recruitment of IFN- $\gamma$ -producing cells following antigen vaccination (11). Interestingly, for the protective recall response, IL-23 is required instead of IL-12 via the production of granulomas and initiation of activated CD4 T cells, which is as a result of IL-17 induced chemokine expression of CXCL19, CXCL10, and CXCL11, the recruitment of neutrophils that facilitate the formation of granulomas induced by CXCR3 ligand (11, 12). Consequently, humans that have been previously exposed to *M. tuberculosis* possessed IL-17- and IL-22-producing cells in peripheral blood mononuclear cells (PBMCs) that have been sensitized with *M. tuberculosis* antigens (Mtb-Ags). Nonetheless IL-17 and IL-22 are produced by the same Th17 cells in mice (13, 14). The search for IL-17 and IL-22 double producer cells was never a success in humans. But T-cells responsible for the production of IL-22 were frequently seen than those that produced IL-17 (15). Hence, these findings indicate that more studies should be conducted to reveal the precise mechanisms of actions of Th17/IL-17 in various *M. tuberculosis* strain infections or vaccinations.

### ***Extracellular Bacteria***

Host immune response due to Th17 cells in countering the pathogenic effect of *Pseudomonas aeruginosa*, *Klebsiella pneumoniae*, *Mycoplasma pneumoniae*, *Helicobacter pylori*, and *Citrobacter rodentium*, has been investigated in different studies (16). In a research conducted by Aujla and colleagues highlighted some key findings on the IL-22 role in *K. pneumoniae* infection protection (17). Extracted tissue of *K. pneumoniae* infected mice demonstrated an IL-23 dependent IL-22 with relatively same kinetics as IL-17 and IL-17F (17).

The impact of both IL-17 and IL-22 in human bronchial epithelial (HBE) cells were revealed as well as off regulation of host defense genes (17) and that of IL-22 in epithelial cells regeneration post trauma (17).

The involvement of Th17 cells in patients infected with *Helicobacter pylori* (*H. pylori*) was also studied (17). A controlled analysis between the un-infected and infected biopsies of *H. pylori* revealed an increased concentration of IL-17 and IL-23 mRNA in the later. An increased in IL-17 was detected in both and CD4<sup>+</sup> cells and freshly obtained gastric lamina propria mononuclear cells (GLPMC), while only CD3<sup>+</sup> cells increase was detected in (GLPMC) and there is also increased levels of IFN- $\gamma$  expression due to IL-23 on specific CD4 T cells (18).

### ***Viruses***

In an effort to delineate the role of IL-17 in viral pathogenesis, over-expression of IL-17 was identified as a factor (19, 20), while the research conducted by Smiley and his colleagues also demonstrated that a successfully immunized mice with rotavirus vaccine shows the production of protective IF- $\gamma$  and IL-17 by Ag-specific CD4 T cells (21) despite the fact there is evidence of role of other factors in the protection against rotavirus because both IFN $\gamma$ -R and IL-17R remain protected after successful immunization of KO mice (21).

Recently, an expression level of IL-17 and IL-22 was studied in HIV patient were increase concentration of IL-17<sup>+</sup>CD3<sup>+</sup>CD4<sup>+</sup> and IL-17<sup>+</sup>CD3<sup>+</sup>CD4<sup>+</sup> T cells peripheral blood in relation to HIV uninfected persons (22) while IL-22 and acute phase proteins high levels was seen in the studies by Misse *et al.*, due to activated T-cells in HIV infected and uninfected individuals (23).

### ***Parasites***

In an effort to study the role of Th17 in parasitic infection, mice with IL-17R deficiency and *Toxoplasma gondii* infected have shown relatively higher mortality, as there is low neutrophil recruitment in different tissues and CXCL8 expression, which resulted in higher parasitic burden (24). There is an increase in Th17 cells due to immunization with schistosome egg antigen

in CFA (25) also IL-23p19<sup>-/-</sup> with severely reduced immunopathology, associated with reduced IL-17 producing T-cells in granulomas and a diminishing neutrophil recruitment due to reduced chemokine levels (26). To further explore the role of Th17 cells in parasitic immune response different experimental models need to be studied.

### ***Fungi***

Protective functionalities of Th17 in fungal immunity have been demonstrated in different instances. It was found that *Pneumocystis carinii* express IL-1 $\beta$ , IL-6 and IL-23. Inducing Th17 differentiation while blocking IL-23 or IL-17 by neutralizing antibodies significantly elevated the burden of *Pneumocystis pneumonia*. In addition, IL-23-deficient mice showed higher susceptibility to systemic *Cryptococcus neoformans* and pulmonary *P. carinii* infections (18, 19). Albicans candidiasis has also been shown to activate IL-23 expression in humans by memory T cells and monocyte-derived dendritic cells (DCs). These cells express CCR6 and CCR4 to produce IL-17 (20). Although, the IL-23/IL-17 pathway has been shown to enhance inflammation that inhibits the protective Th1 response against *Candida* and *Aspergillus* species (21, 22), Th17 cytokines and Th17 cells have been implicated in immunity against several infectious agents. For now, the origin of these cytokines in the innate host defenses is not fully understood. Therefore, there is the need for further investigations into the role of Th17 cells in chronic infection or memory responses in order to fully understand the innate host defenses against fungi.

### **Development and plasticity of Th17 cells**

In 2008 Cosmi *et al.* showed that all Th17 cells originate from CD161<sup>+</sup> naive CD4<sup>+</sup> T cells and introduced CD161 as a surface marker for human Th17 cells (23). Studies by Bettelli *et al.* (24), Mangan *et al.* (25), and Veldhoen *et al.* (26) showed that IL-6, TGF- $\beta$ , IL-1 $\beta$  and IL-23 were required for the induction of Th17 development. Despite these findings, the precise contribution of these cytokines in the development of human Th17 cells remains controversial (27). It has recently been revealed that naïve CD4<sup>+</sup>T cells stimulated with TGF- $\beta$ 3/IL-6, or IL-1 $\beta$ /IL-6/IL-23, or TGF- $\beta$ 1/IL-6/IL-23 *in vitro* can differentiate to pathogenic Th17 cells and play important roles in the occurrence of autoimmune diseases. However, TGF- $\beta$ 1/IL-6-induced Th17 cells with suppressive function named by non-pathogenic or regulatory Th17 cells (28, 29).

In fact, the extremely dynamic process of Th17 subset differentiation shares an overlapping developmental axis with Th22, inducible regulatory T (iTreg) cells, and Th1 cells, which displays in an intermediary subsets of cells that display shared expression of lineage-specific transcription factors and cytokines (30).

Gut-associated lymphoid tissue (GALT) is a highly specialized region of the intestine where the differentiation of activated CD4<sup>+</sup> T cells takes place, and provides additional layers of complexity towards modulating Th17 plasticity (30).

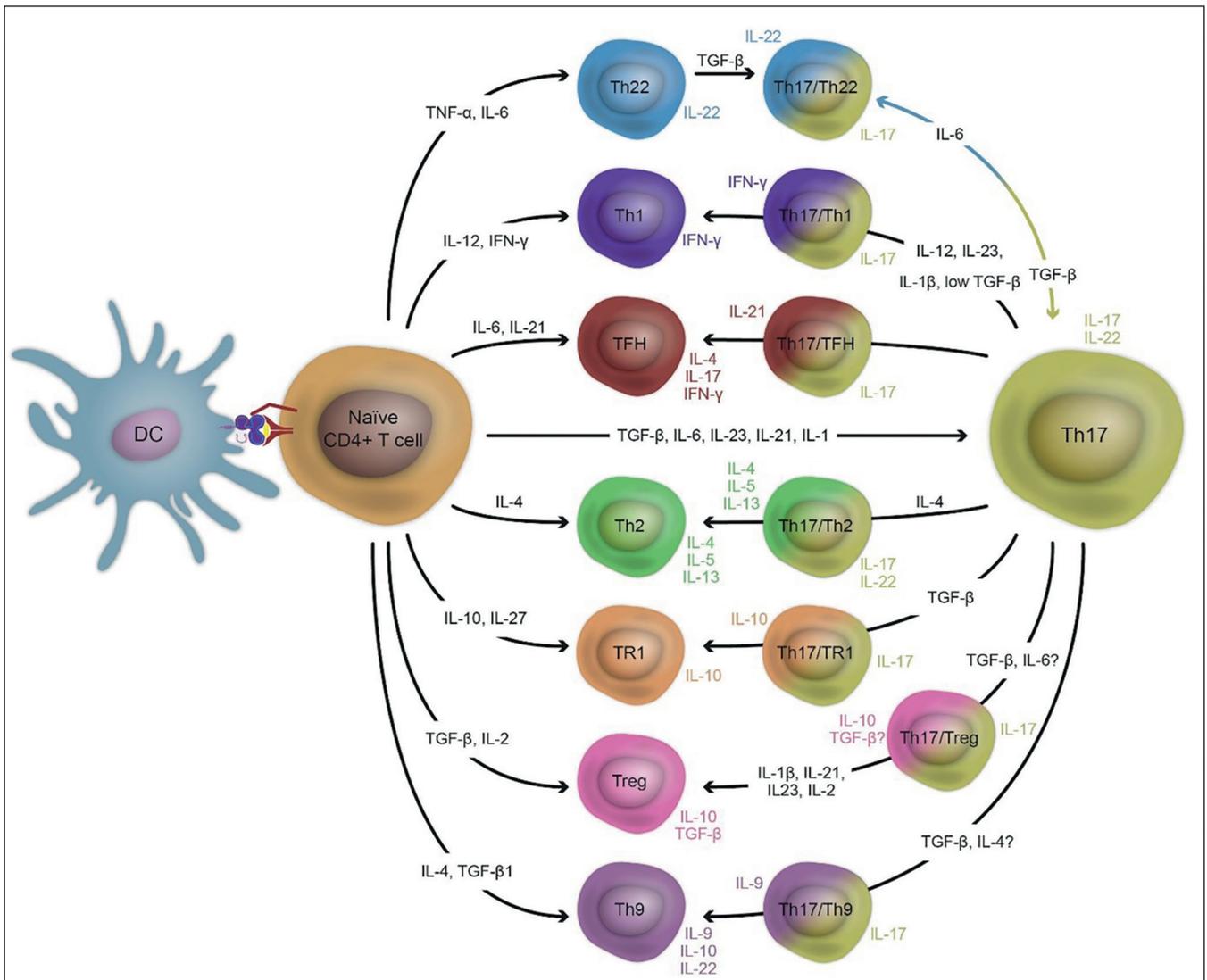
It was reported that at least four major pathways and/or factors which contribute to Th17 plasticity (**figure 2**). The pro- and anti-inflammatory cytokine milieu directs CD4<sup>+</sup> T cell development and modulates plasticity via the activation of specific signaling molecules and multiple transcription factors (30). Furthermore, it has emerged that immunoregulatory microRNA (miRNA) plays a critical role in controlling gene expression, thus influencing T cell fate and plasticity. It was reported that transcription

factor aryl hydrocarbon receptor (AhR) and its physiological and environmental ligands alongside histone methylation and epigenetic modifications may influence T cell plasticity (30).

**Th17 deficiency**

Th17 deficiency due to defects in frequency and/or function of Th17 cells leads to unusual susceptibility to *C. albicans* infections (31). Some conditions that impair Th17 development and function in human are monogenic syndromes that prone patients to fungal infection including CMC (**table I**). The most known disorders are Hyper IgE syndrome (HIES) with auto-

**Figure 2** - Development and plasticity of Th17 cells with other helper T subsets.



somal dominant and autosomal recessive inheritance, gain of function (GOF) mutation in STAT1, and APS-1/APECED syndrome (figure 3) (32, 33).

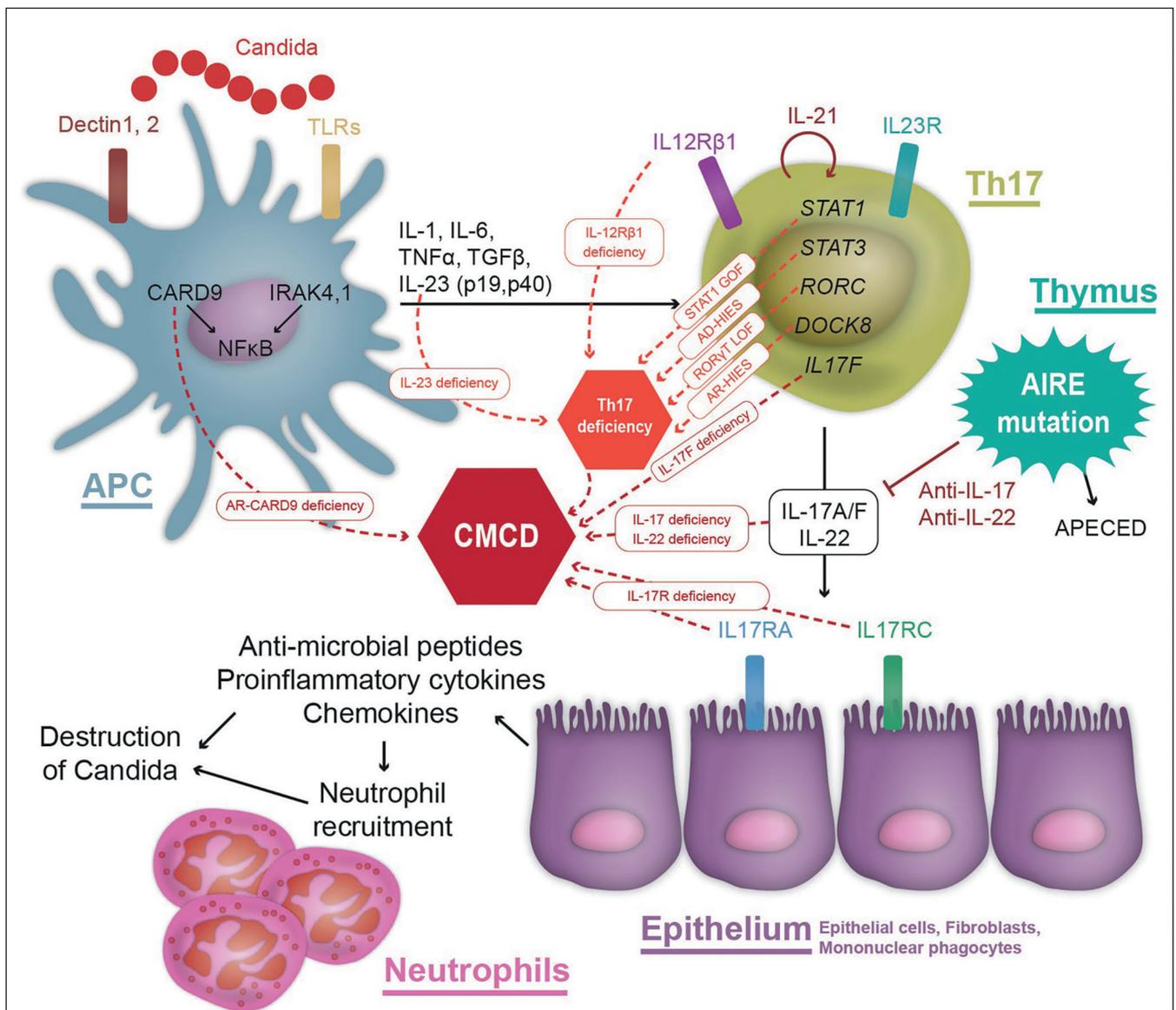
**Monogenic defects leading to Th17 deficiency**

**Mutations in STAT1**

A transcription factor called the signal transducer and activator of transcription 1 (STAT1) in humans is encoded by the *STAT1*

gene that regulates multiple biological downstream processes in a variety of cytokine receptors in many cell types (34). STAT1 mutations can be gain of function or loss of function (LOF) both of which can cause different phenotypes and symptoms. Recurring common infections are frequent in both GOF and LOF mutations. STAT1 GOF mutations, which account for approximately one-half of patients with CMC, was originally identified in a Ukrainian patient with CMC using whole-exome sequencing (35). Subsequently, mutations affecting STAT1's coiled-coil do-

**Figure 3** - Monogenic diseases that impair Th17 development or function against fungal pathogen. IL-1 $\beta$ , IL-6, IL-23, TNF- $\alpha$  and TGF- $\beta$  are secreted after activation of antigen-presenting cells by fungal antigens.



main (CCD) and DNA-binding domain (DBD) were described in a significant number of patients belonging to other kindreds (35). GOF mutations of STAT1 have been shown to be the most common etiology of CMC over the past few years (35). Heterozygous GOF mutations in STAT1 have been associated with a diverse phenotype encompassing CMC, autoimmune disease (such as autoimmune hepatitis), lymphadenopathy, early-onset rosacea, and various cancers (Hodgkin Lymphoma, oesophageal cancer or squamous cell carcinoma) (36, 37).

Among CD4<sup>+</sup> subpopulation, IL-17<sup>+</sup> T cells impaired development resulting from CD4<sup>+</sup> T cells were demonstrated in patients with CMC (35). These GOF mutations result in increased phosphorylation, DNA binding, transactivation, and interaction with protein inhibitor of activated STAT (PIAS), and decreased dephosphorylation of STAT1 (35). Thus, in patients with CMC, the poor development of IL-17<sup>+</sup> T cells may be involved with increased responses to IFN- $\gamma$ , IFN- $\alpha/\beta$  and IL-27, which are STAT1-dependent repressors of IL-17-producing cells (35). Lower percentages of IL-17A<sup>+</sup>, IL-17F<sup>+</sup> and IL-22<sup>+</sup> T cells were observed in patients with GOF STAT1 mutations, as well as a lower production of IL-6, IL-17A and IL-22 than those of healthy control subjects, while a high level of IL-4 was reported (38). Moreover, many patients with GOF STAT1 mutations that develop autoimmune disorders exhibit improved type 1 IFN cellular immune responses, which could explain the link between STAT1 hyperactivity and the development of autoimmunity (39).

STAT1 GOF mutation that is characterized as heterozygous dominant may bring about stronger cellular immune responses towards STAT1-dependent IL-17 inhibitors (IFN- $\alpha/\beta$ , IFN- $\gamma$  and IL-27) (35). This is responsible for the abnormal IL-17<sup>+</sup> T-cell development, impacting on IL-17<sup>+</sup> T cell-mediated responses that are often antifungal in effect. The establishment of safe and effective treatments based on a precise understanding of the molecular mechanisms of this disorder is required to improve patient care (40).

### **Mutations in STAT3**

STAT3 is a transcription factor involved in signalling for a variety of cytokines, hormones and growth factors (41). The STAT3 gene plays an important role in maturation, differentiation, and function of T and B lymphocytes (42). Sequel to STAT3 involvement in Th17 cell differentiation, the stimulation of CD4<sup>+</sup> T cells toward the follicular helper T cell lineage may also depend on STAT3 (43). Naïve T cells differentiation towards Th17 cells lineage is a very complex process which is yet to be completely understood. STAT3 which is activated by IL-6 and IL-21, can play an essential role in the development of Th17 cells in humans (44). Moreover, STAT3 activation induces expression of ROR $\gamma$ t which plays an important role in Th17 function (27).

Two independent groups in 2007 reported that mutation in STAT3 as a major cause of sporadic HIES and autosomal dom-

inant (AD) (45). Mutations were limited in either the DBD or the Src2 homology (SH2) domains of the STAT3 gene and were later described throughout the gene in other different populations (46). Immunologic defects reported include severe increase in serum IgE levels, eosinophilia, neutrophil chemotactic defect (47), abnormal cytokine production, and abnormal antibody responses to bacteriophage  $\Phi$ X174 (48). As a result, patients with AD-HIES have abnormal susceptibility to a narrow spectrum of infections, such as *Streptococcus aureus*, and *C. albicans* while this may be a likely explanation for the susceptibility of these patients to CMC. Patients with dominant negative STAT3 mutations in patients present with a decreased number of central memory CD4<sup>+</sup> and CD8<sup>+</sup> lymphocytes and an increased number of naïve T cells (49). Due to this memory T cell defect; these patients are predisposed to develop varicella zoster virus reactivation and prolonged Epstein-Barr virus viremia (49). Recent advances in our understanding of genetic aetiology of STAT3 mutations have established the essential role of STAT3 in Th17 cell differentiation (32). STAT3 deficient patients were assessed by Ma *et al.* for any possible potential defects in Th17 cells development (32). Examination of premature T cell produced from the total CD4<sup>+</sup> T cells of patients showed significant decrease in IL-17<sup>+</sup> T cells and following stimulation of these CD4<sup>+</sup> T cells resulted in the absence of IL-17 production. Additionally, IL-17 production was impaired in both groups of HIES patients, although the impairment was more severe in patients with STAT3 mutations. Thus, defective Th17 differentiation occurs by a different mechanism in AR-HIES versus AD-HIES due to STAT3 mutations. Furthermore, the production of another Th17-derived cytokine, IL-22, involved in epithelial and mucosal immunity, was also absent from CD4<sup>+</sup> T cells. Consistent with the vital role of STAT3 in ROR $\gamma$ t expression, the sorted naïve CD4<sup>+</sup> T cells from the patients failed to differentiate when stimulated with anti-CD2, anti-CD3 and anti-CD28 into Th17 T cells following the presence of IL-1 $\beta$  with either IL-23 or IL-6, confirming that STAT3 is a requirement for the differentiation of Th17 cells. Furthermore, cells obtained from STAT3 deficient patients and were stimulated overnight with *S. aureus* or *C. albicans* failed to generate memory CD4<sup>+</sup>IL-17<sup>+</sup> T cells (50). NKT-17, Tc17 and T $\gamma$  $\delta$ -17 are also sources of Th17 cytokines (51). However, CMC disease prevention do not require the production of Th17 cytokines or the production of insufficient quantities of Th17 cytokines in AD-HIES STAT3 mutation (8). This proposes the probability of STAT3 being involved in the production of Th17 cytokine in  $\gamma$  $\delta$ -17 cells, Tc17 cells, and NKT-17 cells (8).

### **Mutations in DOCK8**

DOCK8 is a member of DOCK180-related family of guanine nucleotide exchange factors (GEFs) that promotes the activity of Rho GTPases such as Rac and Cdc42 and are involved in variety

of cellular processes including cell migration, differentiation, and cell–cell interactions (52, 53). DOCK8 mediates both innate and adaptive responses to ensure sufficient immune response in that it is required for lymphocyte survival, migration, and immune synapse formation (53). Consequently, its absence results in poor pathogen control (53). Though, modern advances have pointed to an essential role of DOCK8 in regulating the signal transduction events that control transcriptional activity, cytokine production and functional polarization of immune cells (54). Biallelic mutations in the DOCK8 cause progressive combined immunodeficiency (CID) characterized by susceptibility to atopic diseases, unusual susceptibility to candidal dermatitis, recurrent respiratory infections, autoimmunity and malignancy (55–58). Recent study by Haskologlu *et al.* (55) have reported frequent clinical manifestations in subjects with DOCK8 mutations include atopic dermatitis (90%), recurrent respiratory tract infections (85%), and food allergy (70%). Failure to thrive (65%), liver problems (60%), bronchiectasis (55%), chronic diarrhea (50%), and autism spectrum disorders (15%) were strange findings. Elevated IgE level (100%) and eosinophilia (85%), low IgM level (75%), and decreased CD3<sup>+</sup> T (50%) and CD4<sup>+</sup> T (55%) cell count were prominent laboratory findings. The study also revealed that, stimulation with anti-CD3 and anti-CD28 in DOCK8 deficient patients leads to T cell lymphopenia accompanied by poor T cell proliferation, and exhibit decreased Th17 and memory B cells (59). A cohort study of AR-HIES patients revealed deficiencies in the differentiation of Th17 cells (60). ROR $\gamma$ t expression, which is critical for Th17 differentiation, was significantly reduced in peripheral T cells of patients with AR-HIES. Interestingly, *in vitro* induction of ROR $\gamma$ t expression by naïve T cells was intact. Therefore, it was suggested that initial steps of Th17 differentiation are intact in the AR-HIES patients, but subsequent steps of differentiation are impaired. It is likely that impaired Th17 differentiation and IL-17 production contributes to the susceptibility of AR-HIES patients with DOCK8 mutations to candidal dermatitis. In a more comprehensive study of functional impairment of T cell in DOCK8 deficient patients, it has been shown that the establishment of candidal infection is a result of susceptibility to viral infections. Tangye *et al.* (61) observed that DOCK8-deficient memory CD4<sup>+</sup> T cells were partial toward a Th2 cell at the expense of Th1 and Th17 cells. Further studies into the clinical features of DOCK8-deficient CD4<sup>+</sup> T cells concluded that the Th2 bias is likely to contribute to atopic disease, whereas defects in Th1 and Th17 cells compromise antiviral and antifungal immunity, respectively.

### **Mutations in AIRE**

Autoimmune regulator (*AIRE*) gene is consisting of 14 exons coding for 545 amino acid protein (62). The thymic medullary epithelial cells mainly expressed the *AIRE* gene, which play a vital role in self-antigens presentation (63). In the pancreas, the *AIRE*

gene is also expressed at low levels, lymph nodes, adrenal cortex, spleen and peripheral blood mononuclear cells. It is a nuclear transcriptional regulator protein involved in the ectopic expression of self-antigens in the thymus, which leads to the removal of self-reactive thymocytes and peripheral tolerance generation. The role of peripheral *AIRE* expression, which has been confirmed by mRNA analysis, is yet to be cleared. *AIRE* deficiency leads to the escape and extra-thymic spreading of autoreactive T cell clones that underlie the onset of autoimmune attack against several tissue-specific self-antigens (64). Worldwide, more than 100 different mutations in this gene have been reported till date, both homogeneous and heterogeneous (6, 65).

Autoimmune polyendocrine syndrome 1 (APS-1) or autoimmune polyendocrinopathy candidiasis ectodermal dystrophy (APECED), which is an autosomal recessive disease as a result of mutations in the *AIRE* gene, characterized by CMC, adrenal insufficiency and hypoparathyroidism (65). The disease commonly begins in childhood, with the sequential onset of manifestations beginning with CMC at around five years of age, followed by hypoparathyroidism and then by adrenal insufficiency (33). Other endocrine and non-endocrine components, such as hypothyroidism, autoimmune hepatitis, type 1 diabetes, gastro-intestinal dysfunction, hypergonadotropic hypogonadism, asplenia, and various ectodermal abnormalities (nail dystrophy, intestinal keratitis, vitiligo, alopecia, and dental enamel hypoplasia) may also occur with different prevalence (66).

*AIRE* deficiency has been shown to enhance the differentiation of into Th1, Th17, and follicular helper T (T<sub>fh</sub>) cells, while reducing the differentiation of Th2 cells and Tregs (67). These information propose that *AIRE* may play a role in inducing Th17 and Th1 differentiation by upregulating cytokine expression in DCs (68). Also, the autoantibodies of patients distinguish not only multiple organ-specific targets, but also most Th17 cell-associated cytokines, many type I interferons (IFNs) with neutralizing biological actions *in vitro* (69). These anti-cytokine autoantibodies are extremely disease-specific even though they have been found only in patients with thymomas, tumours of thymic epithelial cells that fail to express *AIRE*. Furthermore, autoantibodies against Th17 cell-associated cytokines associate with CMC in both syndromes (70).

The accurate diagnosis of APS-1 requires that at least two of these three major components or only one if a sibling has already been diagnosed with the disease (6). Thus, to examine if the T helper reactivity to *Candida albicans* and other stimuli was altered, PBMCs from APS-1 patients were isolated and matched with healthy controls. In APS-1 patients, the Th17 pathway was upregulated in response to *C. albicans*, whereas there is reduction in the secretion of IL-22 (71). From the sera of APS-1 patients, autoantibodies against IL-17A, IL-17F and IL-22 were detected by immunoprecipitation. Furthermore, *AIRE*-deficient mice were much more vulnerable than *AIRE* (+/+) mice to mucosal candidiasis and *C. albicans* induced increased responses of Th17- and Th1-cell in *AIRE*-deficient

mice. Hence, in APS-1 patients, an excessive IL-17A reactivity towards *C. albicans* was observed and *AIRE*-deficient mice (71).

### **Mutations in IL12Rβ1 and IL-12p40**

IL-12 and IL-23 are heterodimeric cytokines composing of a subunit of p35 and p19, respectively, while both contain the same p40 subunit (72). The heterodimer, p19-p40, of IL-23 binds to IL-12Rβ1 and make use of its receptor complex comprising of IL-12Rβ1 and IL-23R on NK cells and T cells (72). IL-23 is a crucial cytokine that maintains Th17 cells expansion following differentiation from naive CD4<sup>+</sup> cells as a result of exposure to IL-1β, IL-6, and IL-21 (44).

IL-12 and IL-23 receptor b1 chain deficiency and IL-12p40 deficiency are two autosomal recessive forms of Mendelian Susceptibility to mycobacterial disease (MSMD) following moderate phenotypes with particular susceptibility to *Salmonella* infection (73). Predominantly, intracellular pathogens were found to be responsible for a wide range of infections as result of the functional impairment of IL-12Rβ1 (74). In patients with IL-12Rβ1 mutation, NK cells and T cells may not be able to respond to IL-12 or IL-23, causing the frequent development of CMC in these patients (75). Patients deficient in IL-12p40 subunit joint by IL-12 and IL-23 can also be

susceptible to CMC due to weakened maintenance of Th17 cells at mucosal surfaces (74). In a study performed by Prando *et al.* CMC was observed in 3 (6.7%) of 49 patients with autosomal recessive IL12p40 deficiency (76). One patient had invasive candidiasis and two presented with oral thrush. It was reported that 23% of patients with IL-12Rβ1 deficiency presented with clinical features of candidiasis (74). Most candidiasis episodes are mucocutaneous, oropharyngeal candidiasis, esophageal, cutaneous, or genital. In addition to mucosal or cutaneous fungal diseases, some reports of invasive candidiasis were also presented (74). The basis of immunity resulting to lower incidence of CMC in patients with IL-12p40 deficiency compared to patients with IL-12Rβ1 deficiency has not been completely understood. Both IL-12Rβ1 and IL-12p40-deficient patients with reduced IL-23 signaling, demonstrate a reduced population of Th17 cells. The reduction in the Th17 population in these patients is not as severe as in STAT3-deficient patients. This suggest that IL-23 is vital for the development of Th17 cells, maintenance, or both, but some redundancy might still exist to permit reduced development of Th17 cells. Since *C. albicans* infection is uncommon in IL-12Rβ1 and IL-12p40-deficient patients, it may be due to the bulk of these patients retaining an adequate Th17 function to prevent susceptibility to CMC. In addition, IL-12 has

**Table I - Monogenic diseases that impair Th17 development or function.**

Genetic defect	Phenotypic characteristics	References
STAT1 (GOF)	Chronic mucocutaneous candidiasis, Autoimmune hepatitis, Autoimmune hemolysis, hypothyroidism, lymphadenopathy, Early-onset rosacea, Cancers like Hodgkin's lymphoma, Oesophageal cancer or Squamous cells carcinoma, Pneumonia, <i>P. jirovecii</i> pneumonia, CMV	(36) (37)
STAT3	AD-HIES, elevated IgE, <i>S. aureus</i> abscesses, Pneumonia, Pneumatocele formation, Candidiasis	(90) (91)
DOCK8	AR-HIES, elevated IgE, Eosinophilia, Atopy, Recurrent sinopulmonary infection, Herpes virus, Candidiasis	(92) (93) (94)
AIRE	Chronic mucocutaneous candidiasis, Adrenal insufficiency, Hypoparathyroidism, Autoimmune diseases, Hypogonadism, Asplenia, Various ectodermal abnormalities, Splenomegaly, Arthralgia, Autoimmune polyendocrine syndrome 1	(33) (66) (95)
IL-17	Allergy, Psoriasis	(96, 97)
IL-17RA	Tumor cell proliferation in a JNK isoform-dependent manner, Colorectal cancer, Candidal dermatitis, <i>S. aureus</i> dermatitis	(98)
IL-22	Multiple Sclerosis	(99)
RORC	Oxazolone-induced colitis in mice Pancreatic cancer progression and lymph node invasion, Lung cancer, Breast cancer, Neuroendocrine prostate cancer	(100) (101) (101)
IL-12Rβ1 & IL-12p40 deficiency	Multiple Sclerosis, Mendelian Susceptibility to Mycobacterial Diseases	(8) (77)

been shown to play a significant role in immunity against candida (77). Last but not least, patients with IL-12p40 and IL-12R $\beta$ 1 deficiencies are evidently deficient in IL-12 responses, which account for their mycobacterial susceptibility (8).

### Diagnosis of Th17 deficiency

Patients, who exclusively present with recurrent *S. aureus* and *Candida* species infection and a high IgE serum level, should be considered for the diagnosis of Th17 deficiency. Laboratory anomalies in these patients may include defective cutaneous or *in vitro* T-cell *Candida* species response. Patients with Th17 deficiency associated with STAT1, IL17RA, IL17F and CARD9 mutations will not have other defects in humoral or cellular immunodeficiencies (78, 79). Laboratory testing might reveal impaired *in vitro* lymphocyte proliferation and cytokine secretion in response to *Candida* species, while delayed-type hypersensitivity test results to *Candida* species might be normal. In patients with mutations in CARD9 and STAT1, a decrease in Th17 cell counts has been observed, although its frequency is normal in those with mutations in IL17RA and IL17F (80, 81). Immunologic abnormalities are variable in patients with DOCK8 mutations, but CID may be considered when including both cellular and humoral immune deficiencies. In a few patients with DOCK8 deficiency, TREC numbers have been found to be low (82). Based on Th17 cells surface (CD4, CCR4, and CCR6) and intracellular (IL-17 and RORC) markers, flow cytometric analysis is a valuable diagnostic tool to assess the Th17 cells frequency and function in suspect patients (83). In a study Meshaal *et al.* proposed diagnosis of DOCK8 deficiency using flow cytometry biomarkers (84). In their study, profound defects in Th17 cells and Tregs were observed in all patients with impaired STAT3 phosphorylation, indicating that DOCK8 plays a pivotal role in the STAT3 signaling pathway. These findings along with detecting diminished memory B cell numbers and defective DOCK8 expression by flow cytometry can confirm the diagnosis. Serum levels of IL-17A and IL-22 and anti-IL-17A, anti-IL-17E, and anti-IL-22 autoantibodies can be measured by using commercially available enzyme-linked immunosorbent assay (ELISA) and chemiluminescence assays (CLIA). However, confirmation of Th17 deficiency syndromes by genetic screening of suspected patients with molecular new techniques such next generation sequencing (NGS) or evaluation of responsible genes (*STAT1*, *STAT3*, *DOCK8*, *AIRE*, *RORC*, *IL-17*, *IL-17R*, and *IL-22*) by Sanger sequencing in patients with related phenotype should not be neglected (78).

### Therapeutic approach in Th17 deficiency

Treatments for monogenic patients with Th17 deficiency involve preventing and treating infections, boosting the immune system, and treating the underlying cause of the immune problem. Prolonged treatment with antifungal agents might be prerequisite, depending on the extent of *Candida* species infection. Eczem-

atous dermatitis requires rigorous topical therapy with steroids and a moisturizing cream. Topical application of calcineurin inhibitors such as Pimecrolimus and Tacrolimus may also be used for controlling eczematous lesions (78). In patients with prominent autoimmune complication such as APECED syndrome, immunomodulating drugs can also subdue clinical manifestations, but their immunosuppressive actions should be carefully monitored to avoid severe complications caused by underlying host defense abnormalities. The primary treatments for affected patients with APECED syndrome include antifungals to treat mucocutaneous candidiasis and hormone replacement for endocrinopathies (85). It was revealed that early HSCT is associated with better outcomes in some type of patients with Th17 deficiency. Successful HSCT for patients with DOCK8 mutation has been reported in several cases. HSCT has been shown to cure nearly all clinical and laboratory manifestations by reconstituting the normal function of the immune system (86, 87). In a cohort study by Haskologlu *et al.*, HSCT led to a marked improvement in atopic dermatitis and food allergies, along with decreasing infection frequency. The overall survival was 91% in HSCT-received patients (55). Recently, a study reported HSCT in cases with STAT3 mutation have had successful outcomes (88). However, in one early reported case of HSCT for STAT3 mutation, the clinical manifestations reappeared (89).

### Conclusions

Th17 deficiency is an abnormality that should be considered in the diagnosis of patients who demonstrate recurrent infections and susceptibility to fungal infections. When diagnosing such patients, care should be taken in assessing the clinical symptoms, as well as the possibility of identifying the responsible genetic defect associated with the disease, and these may, eventually, result to an effective and accurate management or even treatment of the disease.

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### Conflict of interests

The authors declare that they have no conflict of interests.

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